



Community-at-Large Sector Report

Community Health Assessment and Group Evaluation (CHANGE) Tool
Scott County Health Department

Community Name: City of LeClaire

Address: 325 W. Wisconsin St. LeClaire, IA 52753

Assessment Date: 7/29/2022

Module Score Summaries

Policy	Environment	Module
45.31%	56.25%	Physical Activity
27.59%	28.07%	Nutrition
29.89%	33.33%	Tobacco Free
28.89%	33.33%	Chronic Disease Management
34.55%	49.09%	Leadership

Approximate number of people who reside in the community (population): 4,710

Approximate size of the area (square miles): 4.85

Best description of the community setting: Rural

The median household income of the community: > \$75,000

Approximate percentage of people in the community with no high school diploma: 5-9%

Approximate percentage of people in the community who are living in poverty: 5-9%

Approximate percentage of people in the community who are currently unemployed: 5-9%

Approximate percentage of people in the community who commute to work using an active mode of transportation (walking, biking, mass transit): < 5%

PHYSICAL ACTIVITY

Policy Score: 45.31%

Environment Score: 56.25%

Summary:

The City of LeClaire is in the beginning phases of developing a master plan. The current sidewalk plan is to fill in sidewalk gaps to connect residents to schools and the Cody Road/Hwy 67 project is underway to upgrade sidewalks and curb cuts to ADA standards. The City of LeClaire maintains four parks, baseball and soccer field, pickle ball courts, and public levy. Huckleberry Park and Hollyhock Park are within walking reasonable distance of most homes in surrounding neighborhoods. There is not currently mixed land use and/or ped-bike plan. There is no public transit in the City of LeClaire. Street calming and safety measures include speed cameras and display, security camera for weight room, and park hours during day light.

Policy Recommendations:

- Adopt a comprehensive sidewalk policy and/or complete streets plan to support walking and biking infrastructure, along with developing Active Design Guidelines
- Require sidewalks to be built for all developments (e.g., housing, schools, commercial)
- Adopt a land use plan and/or a ped-bike plan
- Require bike facilities (e.g., bike boulevards, bike lanes, bike ways, multi-use paths) to be built for all developments (e.g., housing, schools, commercial)
- Institute mixed land use

Environment Recommendations:

- Conduct a walk audit (e.g., sidewalk assessment)
- Maintain a network of biking routes (e.g., institute a bike lane program to repave bike lanes when necessary)
- Enhance access to public transportation (e.g., bus stops, light rail stops, van pool services, subway stations, Transit Oriented Design) within reasonable walking distance

NUTRITION

Policy Score: 27.59%

Environment Score: 28.07%

Summary:

The City of LeClaire is working to coordinate a farmers' market for next summer. Staff is also interested in establishing a youth garden program for raised beds along Cody Road/Hwy 67. The City has no control over food retailers such as grocery store and restaurants. However, there are currently two restaurants that provide locally grown foods. The City does not have a written policy to protect a person's right to breastfeed/chestfeed in public places. The City does not have a designated lactation room, but often accommodates special requests.

Policy Recommendations:

- Support farmers' markets through activities such as zoning, permitting, city incentives, marketing, community outreach
- Accept Women, Infants and Children (WIC) Farmers' Market Nutrition Program vouchers or SNAP benefits at local farmers' markets
- Adopt strategies (e.g., provide financial incentives, facilitate access, provide job training services) to encourage development and use of retail food outlets of supermarkets, small format stores, farmers markets in underserved areas
- Adopt a resolution to support and protect a lactating person's right to breastfeed/chestfeed in public places

Environment Recommendations:

- Encourage community garden initiatives (e.g., a program to transfer vacant or abandoned properties to community garden use)
- Enhance access to public transportation (e.g., bus stops, light rail stops, van pool services, subway stations) to supermarkets and large grocery stores
- Provide comfortable, private spaces for a lactating person to nurse or pump in public places (e.g., government buildings, restaurants, retail establishments)

TOBACCO FREE

Policy Score: 28.89%

Environment Score: 33.33%

Summary:

The City of LeClaire abides by the Smoke Free Air Act, but does not have an independent policy or ordinance to prohibit tobacco and nicotine use. There are no tobacco vending machines or selling of single cigarettes in LeClaire. There is not a policy prohibiting tobacco advertisement, sponsorship, or promotion at youth-oriented events. However, it would not be allowed.

Policy Recommendations:

- Institute a tobacco and nicotine free policy (i.e. not only cigarettes; consider including, but not limited to products such as dissolvable, spit less, snus, chewing, and electronic cigarettes) for all indoor and outdoor public places
- Restrict youth-oriented tobacco advertisement (e.g., restrict point-of-purchase advertising or product placement around schools)
- Not allow tobacco industry sponsorship of community events, including prizes, and other promotional offers
- Increase the price of tobacco products and invest the generate revenue on comprehensive tobacco control efforts

Environment Recommendations:

- Provide access to tobacco cessation resources and services, such as a Quitline Iowa

CHRONIC DISEASE MANAGEMENT

Policy Score: 28.89%

Environment Score: 33.33%

Summary:

The City of LeClaire provides emergency medical services to all residents. There are no strategies to educate residents on the importance of obesity prevention, preventative care, or controlling biometric health risk factors. However the City and library often partner to host classes, such as a recent baby sitter course that provided information on the importance of calling 9-1-1.

Environment Recommendations:

- Provide Hands-Only CPR training to community members
- Enhance access to chronic disease self-management programs (e.g., weight loss programs for overweight/obesity)
- Adopt strategies to educate residents on the importance of obesity prevention, controlling high blood pressure, high cholesterol, and blood sugar or insulin levels
- Adopt strategies to educate residents on heart attack and stroke symptoms and when to call 9-1-1
- Adopt strategies to educate residents on the importance of preventive care
- Adopt strategies to address chronic disease health disparities

LEADERSHIP

Policy Score: 34.55%

Environment Score: 49.09%

Summary:

The City of LeClaire finances various amenities and enhancements through grants and the City's operational budget. The City does not participate in community coalitions or the public policy process to highlight the need for community changes to address chronic disease and related risk factors. However, staff and elected officials are advocating for ped-bike path on the I-80 Mississippi River Bridge project. The City partners with the Police Department and Bi-State Regional Commission to improve safety within the transportation system.

Policy Recommendations:

- Promote mixed land use through regulation or other incentives

Environment Recommendations:

- Participate in community coalitions and partnerships (e.g., food policy council, tobacco-free partnership, neighborhood safety coalition) to address chronic diseases and related risk factors (e.g., poor nutrition, physical inactivity, tobacco use and exposure)
- Participate in the public policy process to highlight the need for community changes to address chronic diseases and related risk factors (e.g., poor nutrition, physical inactivity, tobacco use and exposure)